

# RACHEL SABO-HEDGES

## CONTACT

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## DIRECTOR

### VISION

I honor the integrity of the material and create a safe and fun environment to collaborate and tell meaningful stories. I like to use what is happening in the world right now to influence my work, making it present and relevant. I ask "why is this story important to tell now?" With innovative, strong, and specific choices, I bring the material from the page to full, vibrant, compelling life.

## EDUCATION

### Atlantic Acting School (NYU)

An intensive summer acting training program with elite and decorated teachers (Scot Zeigler, Kelly Maurer, Francine Zervas, Renee Redding Jones)

### International Physical Theatre Lab (Austria)

Led by Dustin Whitehead and Ashlee Wasmund  
Presented Movement to Music in the context of a scene and song.

### BFA Theatre, Western Carolina University

BFA in Musical Theatre with a minor in Dance and working with directors such as Terrence Mann and Hunter Foster.

## MASTER CLASSES

### \*Karen Kohlass Directing Class

Founding member of the Atlantic Theatre.

## SKILLS ● ● ● ●

Intimacy Direction

Movement Direction

Trained in Stage Combat

Adaptability and Flexibility

High-level of organizational skills

\*in progress

## THEATRE

### The Bridges of Madison County

#### Associate Director

*Axelrod Performing Arts Center*

Associate to Hunter Foster. Cast including Kate Baldwin and Aaron Lazar.

### SHIPS: The Musical Trilogy

#### Associate Director

*The Tank (NYC)*

Composed by RJ Christian with book by Cameron Reese and produced by Hearty Meal Theatre Co.

### Forget I Said Anything

#### Associate Director

*Teatro Latea (NYC)*

A new musical with an electric writing-duo (Samantha Roberts and Christian Cantrell)

### 35 MM

#### Director

*Western Carolina University*

Directed on stage as well as live-edited and filmed. Movement concept intertwined with music.

## FILM

### Shit Happens

#### Director/Co-Writer

A devised film with a variety of scenes and songs.

### Sketch Comedy Show

#### Director/Writer

Modern sketch comedy show shot in the style of SNL.